

# Lookout Mountain Regring News



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The mission of Lookout Mountain School is to prepare all students to meet the challenges of the 21st century.

April 2024

### PRINCIPALLY SPEAKING

Dear Lookout Mountain Parents,

It's almost that time again – standardized testing is right around the corner. We will be administering AASA – AZ Academic Standards Assessment for grades three through six April 1 through April 18. We have balanced the testing sessions to occur every Tuesday and Thursday for three weeks in April. You play an important part in helping students give their best performance on this important test. As you know, we have been busy preparing and reinforcing the skills necessary for students to demonstrate their learning. Even though this assessment is a snapshot – one single perspective – it is important that our students have every advantage to do their very best. We don't want to cause test anxiety, rather we want our students to be as prepared as possible. There are many ways in which you can help your child put his or her best foot forward. The following guidelines can help set our students up for success:

## The night before the test:

- 1. Make sure your child goes to bed on time so he or she is well-rested.
- 2. Keep your routine as normal as possible. Upsetting natural routines may make children feel insecure.
- 3. Be positive and confident in the fact that you know your child will do his or her best.
- 4. Plan ahead to avoid conflicts on the morning of the test.

### The morning of the test:

- 1. Get up a few minutes early to avoid rushing and make sure your child arrives at school on time.
- 2. Have your child eat a nutritious breakfast. There is a strong correlation between eating breakfast and memory and cognitive functioning.
- 3. Have your child dress comfortably.
- 4. Be positive and communicate that this is your child's chance to show what he or she knows. The most important thing you can do right before the test is to build confidence about doing his or her very best.

### After the test:

- 1. Talk to your child about his or her feelings about the test.
- 2. Discuss what was easy and what was hard; discuss what your child learned from the test.
- 3. Explain that performance on a test does not define him or her as a person. It is just one opportunity to demonstrate learning. Thank you for your continued support and involvement in your child's education.

We are looking forward to a great April. Sincerely.

Tricia Heller Johnson



# We need your current information!

Have you moved recently? Do you have a new phone number or email address? If yes, please call the front office at 602-896-5900 or email <a href="mailto:lmoffice@wesdschools.org">lmoffice@wesdschools.org</a> to update your information. Maintaining contact with families is crucial when we have important updates!

Governing Board: Jenni Abbott-Bayardi, President • Kyle Clayton, Vice President Nikkie Gomez-Whaley, Member • Lindsey Peterson, Member • Tamillia Valenzuela, Member

### FROM THE HEALTH OFFICE

Remember to update your student's shot record with the health office when they get updated shots. If you have any questions about what the immunization requirements are or if you'd like to request an Exemption form, please contact the health office at 602-896-5910.

Just a note: The Friday before spring break, we donated SEVEN LARGE GARBAGE BAGS AND TWO BOXES OF LOST AND FOUND. Please take a moment each week to stop in the front office to check for any lost items your child may have. Our next donation date will be Monday, May 20 (this is the day BEFORE school is out).

### **PTO POSTS**

We hope everyone had a wonderful spring break and is ready to take on the last quarter of the school year! We still have some really fun events coming up before school is out for summer.



### **Meeting:**

Our next meeting will be via Zoom on Monday, April 8, at 7 p.m. We will be doing nominations for board positions so if you want to throw your name in the hat, please join us! The link to jump on will be sent out that day.



# Moon Valley Strides for Schools 5K Run/Walk & Kids Dash:

Our first annual Strides for School event is right around the corner on Saturday, April 6! This collaboration between the parent-teacher organizations of LOM, Mountain Sky and Thunderbird is shaping up to be a fun-filled morning for the whole family. Whether you're a seasoned runner, want to walk the course with a group of friends, or just want to come enjoy the activity zone and food trucks, there will be something for everyone. We have a ton planned and hope this will be a great community-wide event that supports all three of our neighborhood schools at the same time. Interested in learning more or registering? Visit our website at www.moonvalley5k.com. We also need lots of volunteers to ensure the morning goes off without a hitch. If you'd like to help out, we'd love to have you! You can snag a spot at our Sign-Up Genius at https://www.signupgenius.com/go/10C0E44AC AA2CA5FDC61-48566902-stride#/. We hope to see everyone there!

# Family Movie Night:

Family movie night is back! Join us Friday, April 12, for a beautiful evening while we watch Encanto! Entry is FREE and gates will open at 6 p.m. to set up your picnic and blankets before the movie starts at 7. Water and popcorn being provided by Locality Homes and other favorite movie snacks will be available for purchase. Need a dinner option? Barro's has you covered! You can stop into the location in Moon Valley Plaza any time after school until showtime and 25% of your purchase will be donated back to the school! Good for dine-in or carry out, just mention you're there for LOM when you order. So, grab a pizza and come enjoy some time with friends and family! Please just make sure students are accompanied by an adult.



### **Coming in May:**

A couple items to keep in mind for May:

Teacher Appreciation Week is May 6-10! We have some fun things planned to spoil our teachers and staff but if you're interested in getting your favorite teacher(s) something, you can always look at our Staff Favorites List for ideas.

https://docs.google.com/spreadsheets/d/1VNvDsUOM6OFgcyUtH6FC0lQq1ociEopH3RXCysaQTP8/htmlview?fbclid=IwAR3tTlqTX6nMaQgNw6Zf\_iBqZKon3MULILMFj1LpZY00hI0BxsOz3jxdtDk\_aem\_AReyvQz8PVhBeyARBSSxrQ\_mqfLzil6xmHidLC3TKly5kD1kxoywDXxVZBswtX78gx-

cV9LPzotc9ZPrADMZ88Pw#gid=0

With the days getting warmer and the sun shining brighter, do not forget to put sunscreen on your children before coming to school!

Last Day of School May 21 Early Release 1:45 p.m.



Changing schools? Moving this summer? Please notify the office at 602-896-5900.

Tuesday, May14, Evening of the Arts Concerts: Please read all of the following information very carefully:

Lookout Mountain's "Evening of the Arts" is scheduled for Tuesday, May 14 beginning at 5:00 p.m. All students will have art work displayed around the campus and by their classrooms. There will also be a book fair going on in the library and music performances throughout the night (see schedule below). Fourth grade is also displaying their science fair exhibits in their individual classrooms between 5-6 p.m. Everyone is welcome to stop by. Please mark this date on your calendar! Please have your child (ren) arrive on campus at least 20

minutes before they perform. First and second graders will meet in their classrooms, third graders will meet outside the library (please make sure all third graders bring their recorders). All will walk together with their teachers to the cafeteria from there. When the previous group is done, they will exit out the doors by the street while the next group comes in from the courtyard and goes to the risers. Parents and students can reenter by the music room after exiting the cafeteria. Band and strings students need to leave their instrument cases with their parents and will be performing in the gym. Please wait outside in the breezeway by the gym until Mr. Mariscal directs you to come in. He will come out when the previous concert is done. All performers (first-sixth grade) need to wear their class T-shirts. Choir can choose to dress up or wear their class Tshirts. We are looking forward to being able to have live performances for the community, families and friends!

Performances will only be around 15-20 minutes. 2) Parking WILL BE FULL. Thankfully the church next door (Church of Jesus Christ of Latter-Day Saints) has allowed us to be able to use their parking lot. Again, please plan accordingly so that you may find a parking spot well before your child's performance time. Kindergarten (who has already performed during field week) and fourth-sixth general music classes will not be performing but everyone has art work hung up outside of their classrooms.

Cafeteria Stage		Gym Stage	
5:00 - 5:20	Third Grade	5:30- 5:45	Fourth Grade BAND
5:25 - 5:45	First Grade	5:50 - 6:05	Fifth Grade BAND
5:50 - 6:10	Second Grade	6:10 <b>–</b> 6:25	Sixth Grade BAND
6:15 – 6:35	Fourth – Sixth Grade CHOIRS	6:30 – 6:45	Fourth Grade STRINGS
5:00- 7:00	IN COURTYARD- SOLOS & SMALL GROUP PERFORMANCES THROUGHOUT THE EVENING	6:50- 7:10	Fifth & Sixth Grade STRINGS

### **Jumpstart Registration is Open Now!**

This summer, Lookout Mountain is proud to offer classes for Jumpstart, a free, four-week, half-day kindergarten readiness program! Classes will take place from May 28 to June 20. During the program, children will make friends, learn kindergarten routines and practice kindergarten readiness skills. Free breakfast and lunch are included! To participate in the program, children must be registered for kindergarten at our school for the 2024-2025 school year. Kindergarten registration can be completed in-person at the WESD Welcome and Registration Center or online at https://www.wesdschools.org/kindergarten. Please share this exciting opportunity with your family, friends and neighbors who have a soon-tobe kindergartner! To register for Jumpstart classes, please visit:

 $\underline{https://www.wesdschools.org/jumpstart}.$ 

### ¡Inscripción para 'Jumpstart' está Abierta Ahora!

¡Este verano, la Escuela Lookout Mountain está orgullosa de ofrecer clases para el programa 'Jumpstart', un programa de preparación para kindergarten, gratuito, de cuatro semanas, de medio día! Las clases se llevarán a cabo del 28 de mayo al 20 de junio. Durante el programa, los niños harán amistades, aprenderán rutinas de kindergarten y practicarán habilidades de preparación para kindergarten. ¡Desayuno y almuerzo gratuito están incluidos!

Para participar en el programa, los niños deben de estar inscritos para kindergarten para el año escolar 2024-2025. La inscripción para Kindergarten puede ser completada en persona en el Centro de Bienvenida e Inscripción del WESD o en línea en <a href="https://www.wesdschools.org/kindergarten">https://www.wesdschools.org/kindergarten</a>. ¡Favor de compartir esta oportunidad emocionante con su familia, amistades y vecinos quienes tienen niños que pronto irán a kindergarten! Para inscribirse en las clases del programa 'Jumpstart', favor de visitar:

https://www.wesdschools.org/jumpstart.

### Join One of Our Regional School Finance Presentations

The WESD Business Services Department will host regional school finance presentations in April and May. The presentations will take place from 5:00 to 6:00 p.m. in the school gymnasium and are open to all.

- April 16, 2024 Desert Foothills Junior High School, 3333 W. Banff Ln., Phoenix, AZ 85053;
- April 23, 2024 Royal Palm Middle School, 8520 N. 19th Ave., Phoenix, AZ 85021;
- April 30, 2024 Palo Verde Middle School, 7502 N. 39th Ave., Phoenix, AZ 85051; and
- May 13, 2024 Mountain Sky Junior High School, 16225 N. 7th Ave., Phoenix, AZ 85023.
   Each presentation will cover topics related to K-12 funding in Arizona such as where the money for school budgets comes from, how budget limits are determined, how the WESD spends the money, and how factors in the state affect the WESD.

If you are unable to attend one of the presentations in person, they will also be livestreamed. You can find the livestream links at

https://www.wesdschools.org/schoolfinance. For questions, please email Daniel.Obrien@wesdschools.org.

### Únanse a Una de Nuestras Presentaciones Regionales de Financiamiento para Las Escuelas

El Departamento de Servicios Empresariales del WESD será el anfitrión de presentaciones regionales de financiamiento para las escuelas en abril y mayo. Las presentaciones se llevarán a cabo de 5:00 a 6:00 p.m. en el gimnasio escolar y están abiertas para todos.

- 16 de abril, 2024 Escuela Intermedia Desert Foothills, 3333 W. Banff Ln., Phoenix, AZ 85053:
- 23 de abril, 2024 Escuela Intermedia Royal Palm, 8520 N. 19th Ave., Phoenix, AZ 85021;
- 30 de abril, 2024 Escuela Intermedia Palo Verde, 7502 N. 39th Ave., Phoenix, AZ 85051; v
- 13 de mayo, 2024 Escuela Intermedia Mountain Sky, 16225 N. 7th Ave., Phoenix, AZ 85023.

Cada presentación cubrirá temas relacionados al financiamiento en Arizona para escuelas K-12 tales cómo de dónde proviene el dinero para los presupuestos escolares, cómo los límites presupuestales son determinados, cómo el WESD gasta el dinero y cómo los factores en el estado afectan al WESD.

Si no pueden participar en una de las presentaciones en persona, también serán transmitidas en vivo. Pueden encontrar los enlaces para las transmisiones en vivo en <a href="https://www.wesdschools.org/schoolfinance">https://www.wesdschools.org/schoolfinance</a>. Para preguntas, favor de enviar un correo electrónico a <a href="mailto:Daniel.Obrien@wesdschools.org">Daniel.Obrien@wesdschools.org</a>.

### **Respiratory Illness Guidance**

The fall and winter season are often known as a time of increased respiratory illness which include flu, RSV and COVID-19. As we enter the spring, the number of respiratory cases in Maricopa County are trending down, but we wanted to take a moment to provide families with some helpful tips.

### **Prevention Strategies**

- Stay up to date on vaccinations
- Wash hands frequently
- Cover your mouth when coughing
- Cover your nose when sneezing and dispose of tissues properly
- Keep hands away from mouth, nose and eyes
- Stay home until you're fever free for 24 hours without the use of fever-reducing medications
- Increase ventilation/fresh air in home/classroom
- Clean and disinfect items at home and school regularly

Since the beginning of the school year, the WESD has been following guidance from the Centers for Disease Control and Prevention (CDC) and Maricopa County Department of Public Health. While we do ask families to report when a child is absent due to illness, the district is no longer required to conduct contact tracing related to COVID-19. Additionally, the CDC has recently adjusted its guidance and no longer suggests isolating for five days. With any respiratory illness, individuals should stay home and get plenty of rest and fluids until symptoms subside and they no longer have a fever.

Please be sure to check out our <u>Health Guidance flyer</u> for more information.

### Guías para Enfermedades Respiratorias

Las temporadas de otoño e invierno regularmente son conocidas como un tiempo del aumento de enfermedades respiratorias lo cual incluye influenza, RSV y COVID-19. Al entrar en la primavera, la cantidad de casos de situaciones respiratorias en el Condado Maricopa están en tendencia a disminuir, pero queremos tomar un momento para proveerles a las familias con algunos consejos útiles.

### Estrategias de Prevención

- Manténganse actualizados con las vacunas
- Lávense las manos frecuentemente
- Cúbranse la boca al toser
- Cúbranse la nariz al estornudar y boten apropiadamente los pañuelos desechables
- Mantengan las manos alejadas de la boca, nariz y ojos
- Quédense en casa hasta que estén libre de fiebre por 24 horas sin usar medicamentos para reducir la fiebre
- Aumenten la ventilación/aire fresco en casa/salón de clase
- Limpien y desinfecten regularmente artículos en casa y la escuela

Desde el comienzo del año escolar, el WESD ha estado siguiendo las guías de los Centros para el Control y Prevención de Enfermedades (CDC por sus siglas en inglés) y el Departamento de Salud Pública del Condado Maricopa. Aunque les pedimos a las familias reportar cuando la ausencia de los niños es debido a enfermedad, al distrito ya no se le requiere llevar a cabo seguimiento de contacto relacionado a COVID-19. Además, recientemente el CDC ha ajustado sus guías y ya no sugiere aislamiento por cinco días. Con cualquier enfermedad respiratoria, las personas debiesen quedarse en casa y descansar bastante y tomar bastante líquidos hasta que los síntomas disminuyan y ya no tengan una fiebre.

Favor de asegurarse de revisar nuestro (folleto de Guía para la Salud) <u>Health Guidance flyer</u> para más información.